

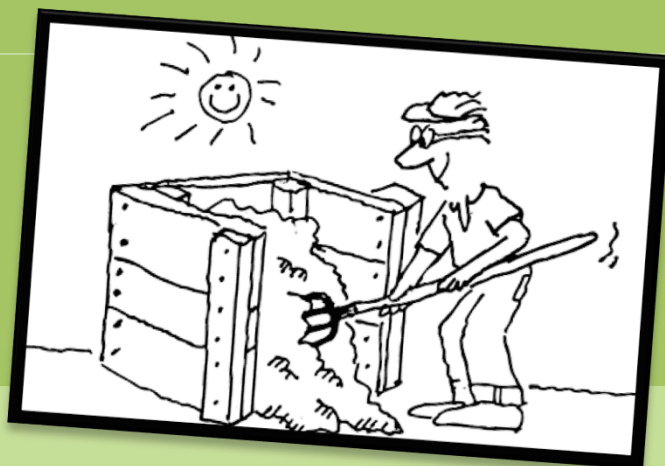
From Field to Table... And Back Again!

A Recipe for Change Workshop Day

Bringing food literacy back to students

from JK to Grade 12.

Wednesday, March 3rd, 2010



Proposed Schedule

Time	Students	Teachers
9am	Registration	
9.30am	Welcome & Introductions	
10am	Ice-Breaker & Snack	Teacher Sessions, including hands-on presentations & resources from Field to Table Schools staff and special guests.
10.30am	Session 1*	
11.15am	Session 2*	
12noon	<i>Teacherless Lunch!</i>	<i>Studentless Lunch!</i>
12.30pm	Active Game	Panel discussion
12.45pm	Session 3*	
1.30pm	Closing Celebration	
2.15pm	Departure	

*Student sessions will include a crafty compost activity, a 'worms made my lunch' cooking session and a compost adventure tour!



What's Going On?

This is a day-long gathering for students and teachers who care about the environment and want to learn more about what food actions they can take **From Field to Table ... and Back Again!** to make a difference at their schools and in their communities.

With a spotlight on **Soil Power!** a new hands-on composting program, the event will provide a fun-filled day for grade 4's to dig into composting, garden, and nutrition education. Yum! Teams comprised of 4 students and one teacher will enjoy a day of inspiring workshops and good food.

Teachers will have the chance to consult with an expert panel on food gardening and composting, meet and share knowledge with like-minded teachers, and receive classroom-ready resources on composting, school gardening and nutrition education.

What's in it for Students?

Games, activities, and a yummy teacherless lunch will inspire **grade 4** students to **make new friends, learn something cool,** and become **Soil Power! Transformers** - essential for the restoration of their school's ecosystem!



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-REGISTRATION FORM-

Get your school group ready for **March 3rd, 2010**, as the day is shaping up to be a fantastic event! Please arrange to arrive by **9am** and depart by **2.15pm**.

Cost to participate in the event is **\$5 per person**, which will cover the cost of the lunch provided.

To Apply:

Fill out this form and send it to **Shannon Lee** at shannonlee@foodshare.net or fax to 416.363.0474 by **5pm, February 19th**. Please be advised that spaces are limited. FoodShare staff will contact you by Friday, February 26th to confirm your attendance.

Teacher Name and Contact Information:	Student Names (max 4) if applicable*:
School Name:	_____ / _____
School Phone Number:	_____ / _____
	Allergies/Dietary Restrictions:

*Teachers also welcome to attend the workshop without students

FoodShare
Please visit us!
90 Croatia Street,
Toronto, ON M6H 1K9
Our main entrance is on Brock Avenue, one block West of Dufferin and one block South of Bloor.
Phone: 416-363-6441
Fax: 416-363-0474
Good healthy food for all.

www.foodshare.net

Directions:

One Block West of Dufferin and one Block South of Bloor.

From Dufferin TTC station walk (5min) West on Bloor, South on Brock Ave (2min) and enter at the West-facing door below the FoodShare sign.



Hope to See You There!