



recipe for change

25min Stone Soup Grade 4 Facilitator Notes

Objective: Students will learn about the importance of community when eating, growing and sharing food through listening, story telling and active activities.



Recipe Category: Food Outside the Box



Cooking Time: 25 mins



Level of Difficulty: Grades 4



Recipe Ingredients:

- Stone Soup* story book or colour photocopies of pages
- Photocopies of book covers (2-3)
- Blank, lined paper for volunteer or teacher to keep track of stories told by students



Curriculum Links:

Grade	Subject Area	Ontario Curriculum Links
4	Language	<p><i>Oral Communication</i></p> <p>Use speaking skills and strategies appropriately to communicate with different audiences for a variety of purposes. (O)</p> <ul style="list-style-type: none"> ▪ Demonstrate an understanding of appropriate speaking behaviour in a variety of situations, including small and large group discussions. (S) ▪ Communicate orally in a clear, coherent manner, presenting ideas, opinions, and information in a logical sequence. (S) ▪ Use a variety of appropriate visual aids to support or enhance oral presentations (e.g. book covers). (S)

Introduction: (5 mins)

Start off by introducing yourself and what *your favourite or most memorable meal* was. Touch on who was there, who made the meal, what the meal was and what made it so special.

Today we're going to be talking about 'community' and how it relates to food.

Discuss and brainstorm with the group:

- **What does community mean?** A group of people that interact with one another or share the same goals and interests...
- **What's good about being in a community?** You can help each other out, keep each other company, entertain each other, look after each other, share stories, meals and have fun together...
- **What communities might you be a part of?** The school community, hobbies, clubs, family, neighbours, cultural, church...
- **How could a community work together to become healthier?** Community gardens to grow food, pot-lucks, playing active games or activities together, sharing fresh produce, swapping recipes, grocery shopping together...

Story Time: (10 mins)

Today we're going to read parts of the story, 'Stone Soup'. It's all about the power of a community coming together to build a delicious meal and share it. Stories are a really great way to share knowledge and have fun. Stories can be based on a real event, or perhaps something that you made up. It can be silly, funny, sad, scary, long, or short – depending on what you want.

Read a few pages of the story and discuss as you go.

During discussions, touch on the following themes:

- What kind of community is in the book?
- How do the travelers interact with that community?

- Do you think the travelers came from a different or similar community to the one in the book?
- How did the community members work together to be healthier?

Story Telling Activity: (10 mins)

As we saw with 'Stone Soup', stories are a really great way to share knowledge and have fun. Today we're going to build our own stories about food...

Sitting in a circle,

1. Show a photocopied book cover to the group. Read the title.
2. As a group, formulate a beginning, middle and end for the story. This can be done by going around the circle and having each student come up with the next line of the story. Like a progressive group story.
3. The students can get as creative as they want (the more the better), but the story has to be about a **community** and **food**.
4. Have an adult (teacher or volunteer) record key points of the story told by the children. This will provide a great follow-on activity in class later!

Depending on time, you can choose the number of book covers you want to use.

**The other option would be to do this in 3 smaller groups*



Serving Suggestions:

The Stone Soup Book cover looks like this:

