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The  
**Great Big Crunch**



What an  
*a-peeling* way to  
spend the day!

**What:** A 'great big crunch' of a locally grown apple with your friends at the exact same time.

**When:** Thursday, March 11<sup>th</sup> at 2:30 pm EST

**Where:** Where ever you are

**Why:** Because it's fun. Because apples are delicious and locally grown in Ontario. Because March is Nutrition Month.

**Save the Date!**

**Thursday, March 11<sup>th</sup>  
2.30pm E.S.T**



**FoodShare**  
*Good Healthy Food for All*

[www.foodshare.net](http://www.foodshare.net)