



25min Cranberry Workshop Grade 6 Facilitator Notes

Objective: Students will understand how culture influences food choices. Students will focus on the growing of the cranberry.



Recipe Category: Plants & Gardening



Cooking Time: 25 mins



Level of Difficulty: Grade 6



Recipe Ingredients:

- Book: Nanabosho and the Cranberries



Curriculum Links:

Grade	Subject Area	Ontario Curriculum Links
6	Health and Physical Education	<i>Living Skills</i> Use appropriate decision-making skills to achieve goals related to personal health. (O) <ul style="list-style-type: none">• apply their knowledge of medical, emotional, practical, and societal factors that influence eating habits and food choices (e.g., cultural influences, influence of family and friends) to develop personal guidelines for healthier eating [CT]
	Arts	<i>Drama</i> <ul style="list-style-type: none">• engage actively in drama exploration and role play, with a focus on identifying and examining a range of issues, themes, and ideas from a variety of fiction and non-fiction sources and diverse communities, times, and places
	Language	<i>Reading</i> <ul style="list-style-type: none">• read a wide variety of texts from diverse cultures, including literary texts

Introduction: (5 mins)

- Introductions - Aboriginal Education Centre TDSB
- Factors that influence food choices: family and culture
- Anishinabe and Haudenosaunee- cranberries very significant, bannock learned from Europeans- both used in traditional cooking today
- Overview of the workshop/ what to expect from the next 20mins
 - Brainstorm how family and culture influence food choices, what are the various food choices
 - Read Nanabosho and the Cranberries
 - Concrete tableaux (drama)

Activity One: (5 mins)

Brainstorm various influence on food choices that students make. Make links to culture and family.

Activity Two: (15 mins)

Read Nanabosho and the Cranberries.

Have students create tableaux- in small groups, of important parts of the story.