



## **25min The Bus Kitchen: Sustainable Food Grade 12 Facilitator Notes**

**Objective:** Students will explore the bus kitchen, a sustainable certified kitchen on wheels! Students will learn about how a sustainable business considers all aspects of food production, including not only how food is produced and prepared, but also how effects on the environment and labour rights need to be addressed. Students will learn about farmer's markets as a sustainable option for selling and purchasing food.



**Recipe Category:** Food: Outside the Box



**Cooking Time:** 25 mins



**Level of Difficulty:** Grade 12



**Recipe Ingredients:**

- Photos of The Bus Kitchen
- Information about farmer's markets
- Snacks produced in The Bus Kitchen



## Curriculum Links:

Grade	Subject Area	Ontario Curriculum Links
12	Food and Nutrition Sciences	<p><i>Personal and Social Responsibilities</i></p> <p>Identify examples of entrepreneurship in the food industry, and occupations related to food and nutrition sciences. (O)</p> <ul style="list-style-type: none"> <li>▪ Identify types of small businesses related to the food industry. (S)</li> </ul> <p><i>Diversity, Interdependence and Global Connections</i></p> <p>Identify the economic, political, and environmental factors that affect food production and supply throughout the world. (O)</p> <ul style="list-style-type: none"> <li>▪ Demonstrate an understanding of the effects of different environmental factors and issues on the production and supply of food items. (S)</li> </ul>

### Introduction: (5 mins)

- Introductions:
  - The Bus Kitchen is a roving cafe and bakery, supplying food at markets, festivals, cafes and catering. Our food is made from scratch and is simple and tasty. We source from farmers and producers in Southern Ontario, and through distributors that provide fair trade imports. Most ingredients are certified organic, or are from producers that we know and trust.
- Give a brief outline of the subject matter for this workshop, for example:
  - Today we will be talking about how The Bus Kitchen is an example of a sustainable business in the food industry. We will get a chance to check out some photos of the bus and learn about what makes the bus and the business sustainable. We will also explore the murals that are painted on the sides of the bus to unpack how the foods we eat are connected to community and labour rights. We will also talk about farmer's markets as a sustainable method of purchasing and selling food that considers fair wages and the importance of community.
- Briefly define the key terms below, and any others the students may be unfamiliar with:
  - **Sustainable:** Something is sustainable when it can be done over and over again without harming current, or future, generations of people or the environment. Fairness is also an important component of whether something is sustainable (ie. growing practices provide fair wages and fair labour practices.)
  - **Organic:** When something is certified as organic, it means grown without the use of chemical pesticides, herbicides, or fungicides.

## Virtual Tour of the Bus Kitchen and Murals: (20 mins)

Students will participate in a virtual tour of The Bus Kitchen. The following points will be addressed, and students are encouraged to ask questions throughout.

- What are the components of the bus kitchen? What is it equipped with?
- What types of food is produced? Where is the food sold or served?
- How does the bus operate? What makes it sustainable?
- What types of basic regulations does it have to meet?

Students will explore the murals that are painted on the side of the bus to learn more about how food production, preparation and consumption impacts:

- Labour rights
- Fair wages for workers
- Fair wages for producers
- Methods of food production (organic vs. conventional)

Students will also be introduced to markets as a way of selling and purchasing food in a sustainable, fair way. Carole will speak about the role that The Bus Kitchen plays in local Toronto farmer's market.



### Serving Suggestions:

