



# recipe for change

## 25min Digital Story Telling Grade 11 Facilitator Notes

**Objective:** Students will connect their personal food experience with larger food security issues.



**Recipe Category:** Soil & Composting



**Cooking Time:** 25 mins



**Level of Difficulty:** Grade 11



### Recipe Ingredients

- \* Tables
- \* Guides
- \* DVDs (for teachers)
- \* Projector, Speakers, power source
- \* Some sort of board/paper
- \* User Guides



### Curriculum Links:

Grade	Subject Area	Ontario Curriculum Links
9	Health and Physical Education	<p><i>Living Skills</i> Use appropriate decision-making skills to achieve goals related to personal health. (O)</p> <ul style="list-style-type: none"> <li>▪ Demonstrate understanding of the impact of parents, the media, and culture on values and goals related to healthy active living. (S)</li> </ul>
	Social Science & the Humanities	<p><i>Food and Nutrition – Self &amp; Others</i> Identify the various reasons for the choices people make about food. (O)</p> <ul style="list-style-type: none"> <li>▪ Explain how families, peers and the media influence an individual's food choices and habits. (S)</li> </ul>

		<p><i>Food and Nutrition – Personal and Social Responsibilities</i>  Identify consumer responsibility in the investigation of current food issues. (O)</p> <ul style="list-style-type: none"> <li>▪ Demonstrate an understanding of Canada’s food-grading practices and food labeling regulations and terms (e.g. nutrition information and claims, serving size, percentage of recommended daily intake). (S)</li> <li>▪ Describe the influence of marketing and advertising on personal food choices. (S)</li> </ul>
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**Introduction: (5 mins)**

- Introductions (who you are and what you’re all about)
- Give a brief outline of the subject matter for this workshop
  - Subject for this workshop: Digital Storytelling (DST)
    - Telling personal stories about food and media
- Overview of the workshop/ what to expect from the next 20mins
  - Workshop Plan
    - 1. Introduce DST - explain why it is important (to food literacy?) 3-4 minutes
    - 2. Split into two groups
    - 3. Story circle 15 minutes
      - 1. Volunteers will take notes on board
      - 2. Ask decoding questions
    - 4. Screening/decoding questions (if we have time) 5 minutes

**Activity One Introduce DST and Story Circle: (20 mins)**

DST refers to personal narratives told using digital media resources, which are circulated within public spaces as part of a community media movement. We will be facilitating a story circle, which is meant to “catch stories” about food which otherwise may not be exchanged. The goal is to find unique, concise and evocative narratives that link personal with political issues.

**Screening and Decoding Questions: (5 mins)**

We will show a digital story and discuss the food issues that are raised.